



Summer School 2015 Report

Summer School 2015
in partnership with
Mitalee & Diverse 102.8FM

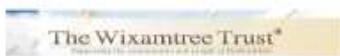
MITALEE YOUTH ASSOCIATION
Established 1984

DIVERSE 102.8FM
Online | On FM 102.8 | On Mobile

Encouraging tolerance, supporting participation & developing leadership through positive activities for children & young people

Maidenhall Junior School
27th July 2015 - 14th August 2015
11.00am to 4.00pm (unless otherwise stated)
Entrance via Dunstable Road

Accredited & Non Accredited Courses Volunteering Arts & Crafts Educational Workshops Roller Fit
Super Soccer Challenge Indoor/Outdoor Sports Activities Bubble Football Charity Event Thorpe Park
Mini Olympics Bounce Indoor Trampoline Park Laser Tag Active Fitness Session Trips Plus lots more



www.mitalee.org.uk www.diversefm.com

Summer school project jointly organised by Diverse FM and Mitalee Youth Association, and has been running in the Burypark area of Luton for over 25 years. The project took place at Maidenhall Junior School which is located in the Saints Ward and borders with Dallow, Biscot and Challney Wards of Luton.

Majority of the participants attended the project came from Biscot and Dallow Wards. Both of these wards are amongst the 10% of the most deprived wards in the East of England region. It suffers from multiple of deprivation including poor housing, lack of amenities/ outdoor playing areas, poor educational attainment, lack of skills, high unemployment, poor health, drugs and alcohol misuse and other issues related to socio-economic factors.

The Summer School project delivered by Diverse FM and Mitalee Youth association is unique. It is led by young people for young people. Young people play an active role from decision making process to organising and delivering programme of social, educational and recreational activities and opportunities, as well as a range of accredited and non-accredited training programme.

I am very pleased to report that this year we successfully recruited 123 young people as volunteers. Majority of these volunteers were once participants. I am equally pleased to report that many young people attend the summer school in their early adolescent comes back year after year and work as a volunteer at the project. Many of the young people engaged at the project as a participant and later on worked as a volunteer, use the project as a stepping stone and went on to become youth worker, social worker, teacher, classroom assistant and community development worker.

I would like to take this opportunity to thanks all the volunteers, participants and parents and more importantly all the partner agencies, sponsors and funders, without whose supports we would not be able to deliver this initiatives.

Thank you

Mehbub Koyes (Mugsy)

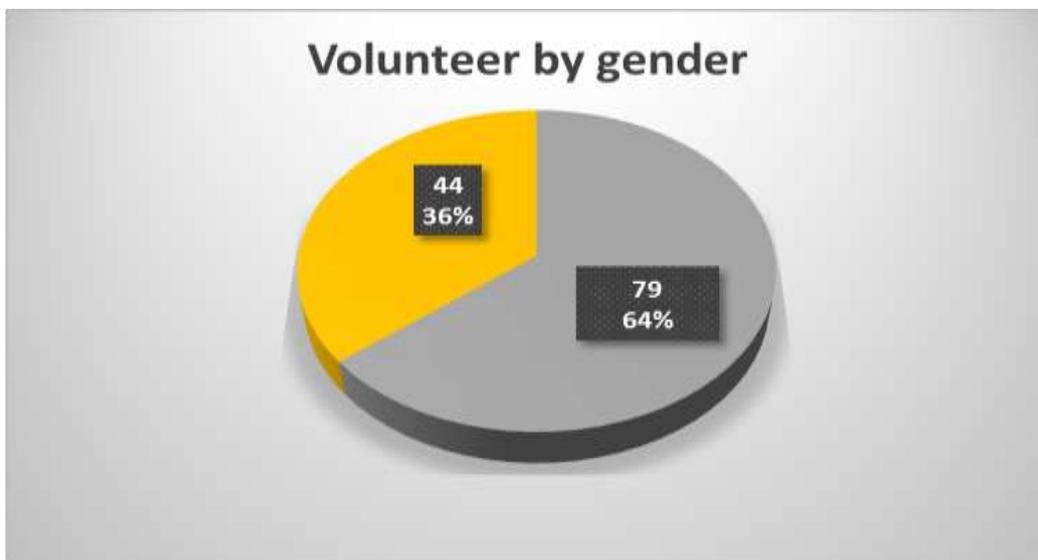
Training & Youth Development Manager

Empowering Young People

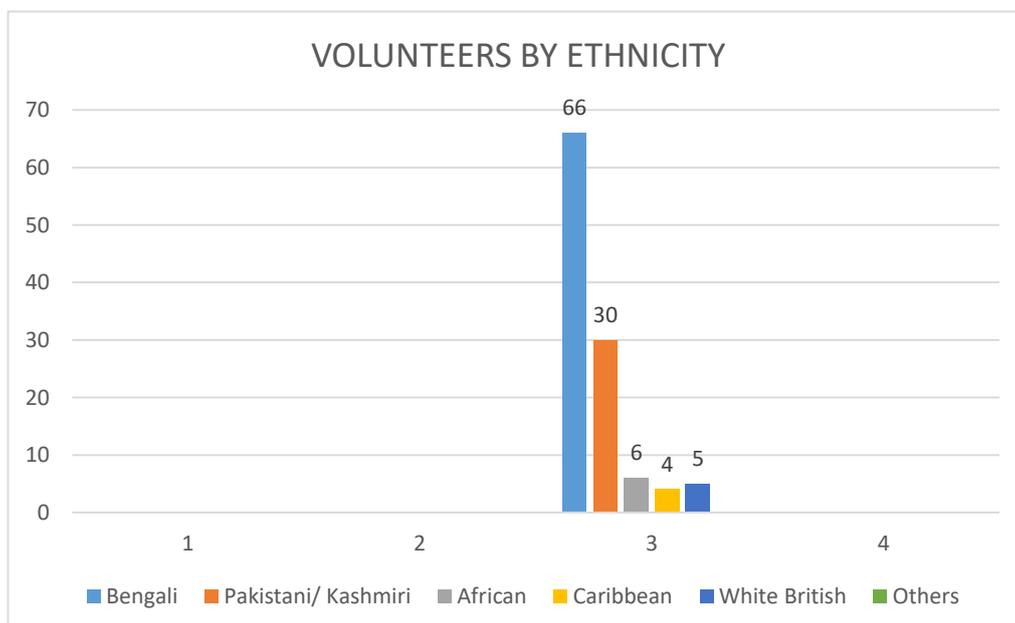
In line with our common practice to develop and deliver the summer school project with young people's involvement from start to finish and ensure that the project is entirely run by young people, for young people, we carried out a range of volunteer recruitment drive prior to the start of the summer school project, including outreach works in the community by our trained peer mentors and volunteers, referral from partner agencies and publicity and promotion on Diverse 102.8 FM.

This year the project was able to successfully recruit and train 123 young people aged 15 – 25 and from different social, community and cultural backgrounds as volunteers.

DBS check were carried out for all volunteers and mandatory training of First aid and Safeguarding, as well as other optional training such as project management were provided to all the volunteers.



79 – Male, 44 - Female



Number of Voluntary Hours:

On average each young volunteer completed approximately 100 hours of voluntary work. This includes taking part in meetings, training and working on the actual project.

Developing the programme of activities:

Prior to the start of the Summer School project, volunteers organised a number of meetings with partners agencies and in consultation with the partner agencies the programme of activities were agreed and planned accordingly.

This year the project run for 4 weeks. Due to a high number of volunteers, First week involved training and induction for volunteers, followed by three weeks of programme of activities for young people.

The programme of activities are as follows:

WEEK 1 Programme		
DATE	PROGRAMME INFORMATION	TIME
Monday 27/07/15	Registration Young people	11.00am-4.00pm
	Fun & games Emergency first Aid – accredited training (British Red Cross) (Volunteers)	11.00am - 1.00pm
Tuesday 28/07/15	Registration Young people	11.00am - 4.00pm
	Super Star Soccer challenge	1.00pm - 3.00pm
	Fun & Games	11.00am - 4.00pm
Wednesday 29/07/15	Emergency first Aid – accredited training (British Red Cross) (GIRLS)	10.30am - 1.00pm
	Emergency first Aid – accredited training (British Red Cross) (BOYS)	1.30pm - 2.30pm
	Arts & Crafts	1.00pm - 2.30pm
	Cyber Bullying Workshop	2.30pm - 3.30pm
Thursday 30/07/15	Tokko Climbing Frame / Games Area (BOYS)	12.00pm - 3.00pm
	Sports Nutrition Level 1	12.00pm - 2.00pm
	Roller Fit (GIRLS) (£1.50)	1.00pm - 3.00pm
	Active Fitness Session (BOYS)	1.00pm - 2.00pm
	Card making	2.00pm - 3.00pm
Friday 31/07/15	Tokko Climbing Frame / Games Area (GIRLS)	12.00pm - 3.00pm
	Roller Fit (GIRLS) (£1.50)	1.00pm - 3.00pm
	Mini Olympics	1.00pm - 2.00pm
	Shisha Workshop	1.00pm - 2.00pm

WEEK 2 Programme		
DATE	PROGRAMME INFORMATION	TIME
Monday 03/08/15	Swimming Oasis Bedford (BOYS) (£2.50)	12.00pm - 4.00pm
	Active Fitness Session (GIRLS)	1.00pm - 2.00pm
	Football Coaching	1.30pm - 2.30pm
	Indoor Fun & Games	11.00am - 4.00pm
Tuesday 04/08/15	Swimming Oasis Bedford (BOYS) (£2.50)	12.00pm - 4.00pm
	Active Fitness Session (GIRLS)	1.00pm - 2.00pm
	Treasure Hunt (on site)	2.00pm - 3.00pm
	Football Coaching	2.00pm - 3.00pm
Wednesday 05/08/15	Police Powers Workshop - by Bedfordshire Police	11.15am - 12.15pm
	Self-Discipline (Martial Arts Workshop)	1.00pm - 2.00pm
	Dress Making	1.00pm - 2.00pm
	Bounce Indoor Trampoline Parks (Milton Keynes) (£3.00)	11.00am - 3.00pm
	Indoor Fun & Games	11.00am - 4.00pm
Thursday 06/08/15	Self - Discipline (Martial Arts Workshop)	1.00pm - 2.00pm
	Laser Tag Hemel Hempstead (£3.00)	11.00am - 2.00pm
	Bubble Football (onsite)	11.30am - 2.00pm
	Recycle Fashion Workshop	1.00pm - 3.00pm
Friday 07/08/15	Henna Workshop	11.00am - 1.00pm
	Active Fitness Session (BOYS)	11.00am - 12.00pm
	Indoor Fun & Games	11.00am - 4.00pm

WEEK 3 Programme

Monday 10/08/15	Competitions (Sports, Arts & Crafts) Active Gym Session Splash Competition (Onsite) Indoor Fun & Games	11.00am - 4.00pm 1.00pm - 2.00pm 2.00pm - 3.00pm 11.00am - 4.00pm
Tuesday 11/08/15	Charity Event Bouncy castle Henna Painting / Face Painting	11.00am - 4.00pm 11.00am - 4.00pm 1.00pm - 3.30pm
Wednesday 12/08/15	Thorpe Park Ages 12 & over - £15.00 inclusive travel & entry fee - (No site activities)	8.30am - 8.00pm approx
Thursday 13/08/15	Competitions (Sports, Arts & Crafts) Indoor Fun & Games Bedfordshire Police Mini Road Show (Police Vehicles, Uniform & Crime Prevention Stall)	11.00am - 4.00pm 11.00am - 4.00pm 11.00am - 4.00pm
Friday 14/08/15	Presentation Ceremony	1.00pm - 4.00pm

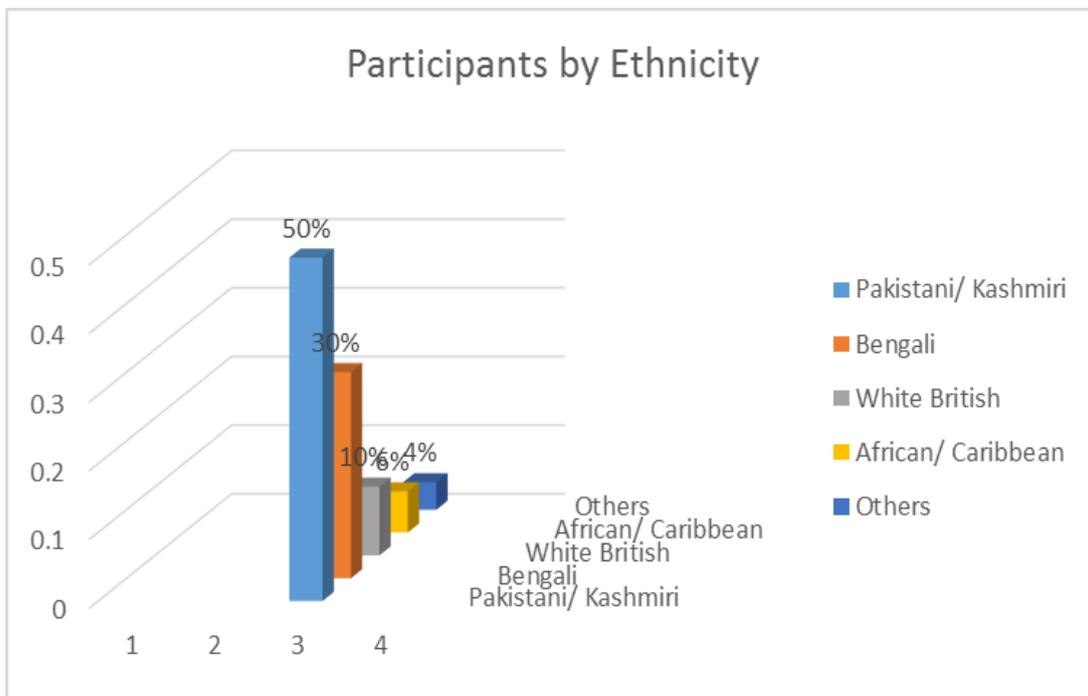
Charges:

In order to ensure that the project is accessible for all living in the area, a one off registration fee of £4.00 per child were charged, which provided free access to all activities, other than the trips. All trips were subsidised and concessionary rate was offered for child on free school meal.

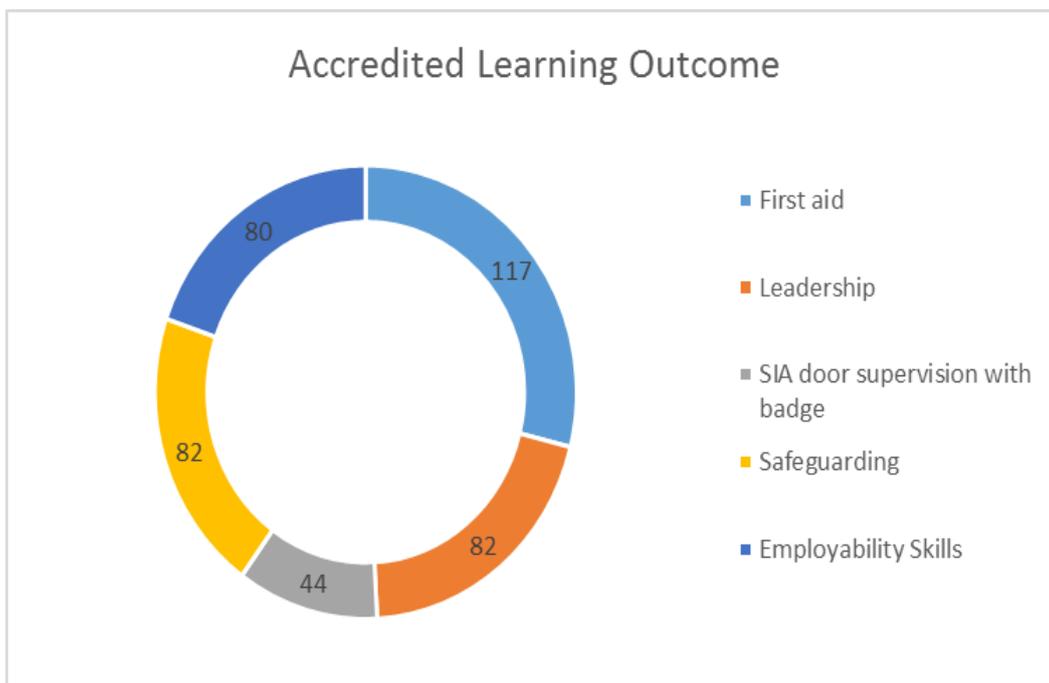
Number of young people benefiting from Summer School project:

In addition to the 123 young volunteers, a further 269 young people, mainly aged between 8 to 18 years old registered as a participant and attended on a daily basis, Monday to Friday between the hours of 11.00am – 4.00pm.





Accredited learning outcome achieved:



Positive impact on reducing anti-social behaviour and crime in the area:

Typically ASB and crime rate rises during the summer holiday. The following Information provided by the Bedfordshire Police demonstrate the project has had a huge impact in reducing crime and ASB in the area.

Please see below crime stats comparison for last year and this year relating to ASB/Crime in Luton Central. These stats have been measured between 01/07 and 13/08. The wards included within this are Biscot, Bury Park, Dallow, High Town, Icknield, North Barnfield, North High Town, Saints, South Barnfield, South Saints and West Dallow.

Incidents Per Day	Incidents			Incidents Attended			Attendance Rate					
	01/07/14 to 13/08/14	01/07/15 to 13/08/15	% Change									
Transport	3.7	3.5	-5.6%	162	153	-5.6%	72	75	+4.2%	44.4%	49.0%	+4.6%
Anti-Social Behaviour	7.4	6.2	-15.7%	325	274	-15.7%	107	111	+3.7%	32.9%	40.5%	+7.6%
Public Safety/Welfare	21.1	18.3	-13.4%	927	803	-13.4%	470	489	+4.0%	50.7%	60.9%	+10.2%
Crime	6.5	6.3	-3.1%	286	277	-3.1%	222	205	-7.7%	77.6%	74.0%	-3.6%
Total	38.6	34.3	-11.4%	1700	1507	-11.4%	871	880	+1.0%	51.2%	58.4%	-6.0%

It would appear that ASB incidents fell from 7.4 to 6.2 per day and in total overall fell from 38.6 to 34.3 incidents per day. Interestingly total incidents during this time fell from 1700 to 1507 during these months.

Charity event:

As part of summer school annual charity day, a unique fund raising event was organised by young people, volunteers and their families to raise funds for their chosen charities.

The main focus of the event was to help young people gain organisational and project management skills, and at the same time learn the value of charitable works and raise funds for good causes.

This year total amount raised were just over £1,200. Young people decided to give the full amount to help Syrian refugee via a national charity.

Presentation day:

On Friday, 14th August a presentation ceremony was held to recognise the contribution and achievement of young people and volunteers. Amongst the dignitaries the ceremony was also attended by the Mayor of Luton and representatives from partner agencies.

Certificates for various training, as well as trophies were also presented to winners and runners up of various competitions.

Young people organised the whole event from start to finish, including hosting and making presentations to invited guests.